

MICROBLADING

BEFORE CARE:

- DO NOT exercise the day of the procedure
- DO NOT tan a week before or have current sunburn
- DO NOT use eyelash or eyebrow serums two weeks prior to procedure
- DO NOT use aspirin, niacin, fish oil, vitamin E, or ibuprofen 24 hours before procedure (they are natural blood thinners)
- DO NOT use eyelash or eyebrow serums two weeks prior to procedure
- DO NOT have any type of facial two weeks prior to the procedure
- DO NOT have botox 3 weeks prior to the procedure
- DO NOT drink alcohol or caffeine 24 hours prior to procedure
- DO NOT wax or tint eyebrows one week before procedure

Doing any of the above before procedure can cause excessive bleeding and poor color deposit. Also note there is the possibility of sensitivity during a menstrual cycle.

AFTER CARE:

- Use a fresh pillow case while you sleep
- Let any scabbing or dry skin naturally exfoliate away. Picking can cause scarring or loss of color.
- No facials, botox, chemical treatments, or microdermabrasion for 4 weeks.
- Avoid hot, sweaty exercise for one week. Sweating can remove pigment. Absolutely no sweating for 48 hours after
- Avoid direct sun exposure or tanning for 4 weeks after the procedure. Wear a hat when outdoors.
- Avoid long hot showers for the first 10 days.
- DO NOT allow hot water to be on face and limit showers to 5 minutes or less
- Avoid sleeping on your face for the first 10 days.
- Avoid face-down swimming, lakes, and hot tubs for the first 10 days.
- Avoid topical makeup and sunscreen on the area for two weeks.
- DO NOT wax or tint brows for two weeks.
- DO NOT rub, pick, or scratch the treated area.

HOW TO CARE FOR EYEBROWS:

- The first night after procedure apply the aftercare ointment provided for you. Do the same for the next morning and night. You can apply this throughout the day as needed, but do not overdo it. On day 3, gently wash your eyebrows each morning and night with Cetaphil or a very mild cleanser. With a very light touch, use your fingertips to gently cleanse the eyebrows. Rub the area in a smooth motion for 10 seconds and rinse with water ensuring that all soap is rinsed away. To dry, gently pat with a clean tissue. DO NOT use any cleansing products containing acids (glycolic, lactic, or AHA) or exfoliates.
- Apply a rice grain amount of aftercare ointment with a cotton swab and spread it across the treated area. Be sure not to over-apply, as this will suffocate your skin and delay healing. The ointment should be barely noticeable on the skin.

I, _____ have read the BEFORE and AFTER CARE ____ initial

*After your procedure, the area may be swollen. This can cause the area(s) to appear uneven, red, itchy, and irritated during the healing process. The area(s) will also appear much darker and thicker than final results. You can expect eyebrows to fade after healing within the first 30 days. ____ initial

*Please note that the structure of certain skin types can cause hair strokes to blend more with the skin tone and may not appear as defined. ____ initial

*Smoking will affect your results and may cause the pigment to fade prematurely. ____ initial

*Touch-ups are performed 6-8 weeks from last appointment. No exceptions. You are 100% responsible for maintaining your appointment. All aftercare and before care rules apply to all subsequent appointments. ____ initial

*Please note when following the aftercare precisely, fading, blurring, or poor retention can still occur depending on your skin and lifestyle. ____ initial

*Receiving touch-ups from another artist after Haley Nicodemus has rendered permanent makeup service will cause release from future services. ____ initial

*Client results will vary. Using eyebrow enhancement cosmetics may still be needed after treatment. ____ initial

I ACCEPT THESE RISKS AND POSSIBILITIES OF ALL OF THE ABOVE. ____ initial

Consult a health care practitioner at the first sign of infection or allergic reaction.

Report any diagnosed infection, allergic reaction, or any adverse reaction to Arkansas Department of Health 501-661-2336 locally or 1-800-637-9314.

